

**KINGSGATE
3 DAY FAST**

The items we are collecting during our three day fast for Peterborough Foodbank are...

- Long life fruit juice & milk
- Tinned Tomatoes
- Sugar 500g
- Tinned soup
- Kettle food snacks (microwave/kettle)
- Tinned Fruit
- Tinned vegetables
- Tinned fish & meat
- Pasta Sauces
- Rice Pudding
- Sponge puddings
- Instant mash
- Tea, Coffee & Hot Choc
- Sweet & Savoury Snacks
- Toiletries
- Carrier Bags
- Nappies



Thank you!

Please bring to Touching Heaven night



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