



# Online session

SUNDAY 16 AUGUST

## LET'S TALK...

We have been thinking about Nehemiah over the last few weeks and you can read all of his story in the bible, there is a book named after him!

The part of his story that we are thinking about today is in Nehemiah chapters 4 and 6, why not go ahead and read it here;

[Click here!](#)

In this part of the story, Nehemiah had to keep on going, even though at times it was really tough and lots of people were trying to attack what he was doing! But he kept on going with the task that God had given him to do!

I wonder if you are trying to succeed in something for God right now... maybe you are trying hard to read your bible every day, or maybe you are trying hard to only use kind words, or to pray more.

Douglas said something really good in our teaching today, he said 'if you fail, just get back up and keep on trying'

The important thing is that we don't give up, even when it gets tough. Sometimes we might feel like giving up, but if you ask God to help you, he will, he is there and ready to keep cheering us on, so let's all persevere and not give up... you can do it!

## MEMORY VERSE



So let us not become tired of doing good; for if we do not give up, the time will come when we will reap the harvest.

Galatians 6:9 GNB



## DON'T GIVE UP!

Let's not give up, let's always persevere and keep on doing good... listen to this great message from our good friend Douglas on this topic!

[Click here!](#)



## PERSEVERE AND FIND THESE WORDS!

### Perseverance

T	N	N	E	S	H	A	N	G	T	O	U	G	H
R	P	E	K	N	O	S	S	E	R	P	P	P	P
F	B	U	O	A	E	R	N	N	N	R	T	P	E
M	R	T	R	O	N	U	E	E	B	N	S	E	R
A	E	S	B	S	S	I	E	V	E	E	T	R	S
I	A	A	R	P	U	D	E	E	S	K	A	S	I
N	N	F	O	R	E	E	P	R	T	B	N	E	S
T	R	D	F	N	A	L	R	G	U	E	D	V	T
A	A	L	O	I	R	S	O	I	B	S	F	E	S
I	A	O	G	E	V	S	C	V	B	T	I	R	T
N	I	H	T	O	R	S	E	E	O	R	R	A	P
C	A	R	R	Y	O	N	E	U	R	O	M	N	E
T	T	H	I	S	R	T	D	P	N	N	E	C	L
O	E	U	N	I	T	N	O	C	O	G	E	E	O

- CONTINUE
- PERSISTS
- BE STUBBORN
- PRESS ON
- CARRY ON
- HANG TOUGH
- PROCEED
- HOLD FAST
- MAINTAIN
- PERSEVERANCE
- NEVER GIVE UP
- STAND FIRM
- PURSUE
- BE STRONG
- GO FOR BROKE

## BIBLE TIME

See if you can answer these questions about perseverance by looking up the bible references;

- Why should I persevere? 1 Corinthians 9:24
- How does my perseverance affect others? 1 Timothy 4:16
- How does God respond when I wait? James 5:11

## SCAVENGER HUNT

Try and find things in your house that start with each of these letters;

P E R S E V E R E

You have 3 minutes to try and find all of the items, list what you found here and remember... don't give up!

---

---

---

---

## PERSERVERANCE CHALLENGE!



You will need a balloon and a spoon for each player.

I am sure you have heard of an egg and spoon race, well this one is a bit more tricky and will require perseverance to succeed!

Inflate the balloons (younger players could have a small amount of water in the balloons, older players could blow them up larger and without water) Without using your hands, other than to hold the spoon, you must get from the start to the finish, without dropping your balloon.

You can decide if there are obstacles or not too!

You needed to persevere to be successful...Nehemiah needed to keep going, even when it got difficult, God wants us to keep going too!

## RESPONSE TIME

Let's worship together;

[Click here!](#)

[Click here!](#)

Let's pray;

*God, thank you that you do not leave us alone to try to succeed, but you are always cheering us on. Please help me to try hard and keep on going, even when it gets tough. Amen*



**KINGSGATE COMMUNITY CHURCH**  
2 STAPLEE WAY / PETERBOROUGH / PE1 4YT  
KINGSGATE.CHURCH