



Online session

SUNDAY 12 JULY

PRESSING ON...

In our memory verse today, Paul tells us that we should run after God, we should keep going and chase the prize of Jesus!

God loves it when we spend time with him and we grow into better people when we do that too! We learn more about life and how to manage things that come our way.

In the story that Douglas referred to from the bible, Mary understood how important it was to sit at the feet of Jesus and not rush around doing things for him, but to spend time with him.

Have you got a best friend? When we are not in lockdown and you spend time with your friend, don't you want to spend every minute together, talking, laughing, listening to them and just being with each other. Imagine how your friend would feel if you invited them over and then spent all of your time in the kitchen baking them a cake? I am sure the cake would be lovely, but they would have been on their own the whole time and missed spending time with you.

God wants us to make spending time with him a priority - the most important thing. He loves us and loves it when we take time to spend with him.

MEMORY VERSE



I run toward the goal, so that I can win the prize of being called to heaven. This is the prize that God offers because of what Christ Jesus has done.

Philippians 3:14



God is our Priority

Listen to this great message from Douglas about giving God our time.

[Click here!](#)



WORDSEARCH

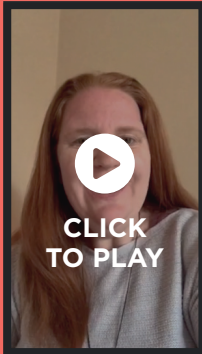
Philippians 3:14

S	O	I	P	D	D	P	L	J	S	R	C	F	R	N	G	1
3	3	W	C	O	R	Z	1	S	4	G	3	A	N	Z	H	L
L	T	H	H	G	O	P	H	N	E	4	L	J	L	I	F	P
G	J	P	R	F	3	D	I	A	A	S	W	T	A	L	F	A
H	D	Z	I	O	H	R	E	I	F	1	J	O	F	H	A	S
S	T	O	S	R	G	A	4	P	D	R	A	W	O	T	N	O
J	O	T	T	E	F	W	1	P	S	F	U	L	Z	W	T	N
E	P	H	W	I	E	P	1	I	S	G	P	O	T	R	R	E
P	Z	F	O	A	G	U	N	L	3	S	E	L	H	1	3	J
N	E	O	H	4	E	N	P	I	S	G	D	1	E	W	A	S
C	1	R	F	A	O	3	R	H	O	G	P	R	Z	N	O	R
J	O	R	H	T	O	1	I	P	I	C	U	L	A	C	I	1
3	N	C	W	4	H	4	Z	G	T	P	H	N	G	W	H	P
R	G	L	3	L	F	E	E	4	3	C	R	W	D	4	O	N
A	N	I	U	J	O	L	A	O	G	O	G	E	F	A	1	T
O	1	G	W	E	R	E	3	J	1	L	I	4	S	H	L	C
L	F	L	S	U	H	I	S	J	E	S	U	S	3	S	O	N

3:14 PHILIPPIANS JESUS CHRIST IN OF GOD CALL UPWARD OF THE PRIZE THE FOR GOAL TOWARD ON TOWARD I PRESS

Spending time...

Check out these 6 top tips to help you have a great devotional time with God.



SOAP

Use the **SOAP** method when reading and studying the bible;

- S**cripture - Write out one verse that means something to you.
- O**bservation - What was interesting? What did you learn? What is God saying to you?
- A**pplication - How can you apply the verse to your life? What will change?
- P**ray- Ask God to help you as you apply the verse and grow more in him.

Game time...



The Great origami Caterpillar Race!

You will need some paper, pens and a straw for each person who is playing.

Follow this link to make and play the game;

[Click here!](#)

Remember that we are in a race too... chasing after Jesus and making him our priority at every opportunity!

RESPONSE TIME

Let's worship together;

[Click here!](#)

[Click here!](#)

Let's pray;

*Thank you God for all the great advice that Paul wrote down in his letters. Thank you that we can learn from them. Please help me to keep pressing on to win the prize of Jesus. Help me God to keep making you a priority, to put you first in everything and to make time for you daily. I love you God and thank you that you love me. **Amen***

