



Lessons from Lockdown

TIME TO REFLECT:

Week 2 - Relationships

Read our Philippians passage for the week:

- PHILIPPIANS 2:1-11

1 What has been the biggest relational challenge for you during lockdown?

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2 How will you increasingly seek to practise humility, unity and servanthood in your relationships in the coming weeks and months? Is there one of these areas that you particularly want to grow in?

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3 How can you practically serve or bless someone else this week? Make a note of who you're going to bless, what you'll do, and when you're going to do it.

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 **PRAY**

Take a moment to thank God for the humility that has been modelled to us through the life, death and resurrection of Jesus and ask Him to help you to have the same mindset as He did. Ask for the Lord's grace in your relationships and that He would continue strengthening our unity as a KingsGate family. Pray for His love and compassion to be felt by those you bless this week.

FURTHER RESOURCES:

 **Join a LifeGroup**
[🔗 kingsgate.church/lifegroups](https://kingsgate.church/lifegroups)

 **Take part in The Marriage Course online**
[🔗 themarriagecourse.org](https://themarriagecourse.org)

 **The 5 Love Languages - by Gary Chapman**

 **Boundaries - by Dr Henry Cloud & Dr John Townsend**

