



Online session

SUNDAY 3 MAY

BREAD OF LIFE

What does it feel like when you are hungry?
 Maybe your tummy starts to rumble or hurts, maybe you get a headache or feel tired. When we eat, we feel good again... until the next time that we are hungry. When we haven't spent time with God we feel out of sorts too, maybe lost, sad, confused or fearful. Jesus tells us that if we feed on him, read his word, pray and worship him, we won't go hungry. When we feed on him, we can feel found, happy, loved and protected. It was so important for the people to know that Jesus was the bread, that he said it 3 times in John chapter 6, can you find all of the verses? Write here where you found them;
 John Ch. 6 Vs. _____
 John Ch. 6 Vs. _____
 John Ch. 6 Vs. _____

Jesus knew that there were people listening to him who had hungry hearts, people who needed to know that he would satisfy them.

- Is your heart hungry?
- Have you spent time with God?
- Do you need to tell God again how much you love him and need him in your life?

MEMORY VERSE



Jesus said, **'I am the bread that gives life!** No one who comes to me will ever be hungry. No one who has faith in me will ever be thirsty'.

John 6:35 (CEV)

TEACHING TIME

Watch this great teaching, explaining how Jesus is 'The Bread of Life'!



[Click here!](#)

CHALLENGE - Baking Wordsearch

Name: _____

Date: _____

Baking Basics

A C E P N V E S E P G L E Z T E R P H E U H P I
 U B R K J F A E C U P I Z V T N Q A S U D C W R
 L Y T U Y K V T C A R T X E O U G E S P T I L F
 E Y F A O R M D C E Y U P Q U P K Q B F W T I A
 G Z F L E L Z K S W Y V I B Y A R Z T Y E N R T
 A T Z D A H F L Q G G X T M C Y T N I P V B A S
 B A B H D T W V R S G G A N E S V K U N D F G K
 V U M M V D B W T Q B E A A A F F G C M C H U V
 G V T A O T T R Y H E P Q E B M N F S S P L S A
 N T I T A R Z R E B B S Y M R I J R I B S D N B
 I F D D E A Q C C A O W X W D F C W B A T H W A
 N S J W N R S S I G D B U A S U S Y A K V J O K
 E H L E V C N T S O O X E A O Z N S L I Q C R I
 V O X N P H I P U P J N L V G Q B R L N R Z B N
 A R S G Y L F R G Z K T D R P E E L I G V R N G
 E T N B A N F U A Q U P K H B T X U T C T Z A P
 L E I B K B U N R R S P B I T A J J R H J U Q O
 C N A B A S M Y E Q Q D S A O V R K O J E B B W
 D I R B S Q C G R U I B B A Q I L M T F K L N D
 O N G Q S B A K I N G S O D A T K Y L J T H E
 U G H L G L O Z E C L A I E M C G S D G A M Y R
 G Y Z G L U T E N I N T W N V A Y K F K T Z N S
 H U R Z J D A E R B D A E R B K C I U Q M N Z H
 O W G C C F C A R B O H Y D R A T E K K A X F B

carbohydrate Tortilla Pita Flat Bread Quick Bread Baking Powder Baking Soda
 activate Brown sugar gluten kneading grains rye wheat shortening fats
 butter biscuit sugar bagel pretzel pancakes muffins yeast bread dough
 batter extract salt eggs flour leavening Baking

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Hungry Tummies and Hungry Hearts



Here is Leanne, she helps hungry people in Peterborough get food through the Foodbank. In the last month they have given food to nearly 1400 people including over 500 children. That's lots of full tummies, and its great that they're able to help so many people. Can you imagine not having any food in your home, and how hard that would be? To find out more on how you can help Foodbank please visit their website.

They even have a shopping list on there of the food they need most!

Leanne and the Foodbank team are so grateful for all the donations received and they will make sure it goes to those that need it most. Thank you!

[Click here!](#)

Craft - Ingenious Sandwich Inventions!



Why not have a go at being a Sandwich Inventor?

You could design your funny or character sandwich first on a paper plate, draw and label the sandwich, or use paper or fabric to make a 3d version. Will you do a sweet or savoury version?

Ask your adult if you can make your own lunch one day this week and check that it is ok for you to use the ingredients you want to use.

Have fun creating and reminding yourself that Jesus is the bread of life and he always satisfies our hunger!

Don't forget to send in your pictures: jennie.jarvis@kingsgate.church

For next week's craft you will need;

A piece of white card, coloured pencils and a black wax crayon.

RESPONSE TIME

Let's worship God together with these songs;

[Click here!](#)

[Click here!](#)

Let's Pray!

Dear God, Thank you for all of the amazing food we get to enjoy and satisfy our hunger with. Please help us to always remember to feed our hearts too, as you are the one that gives us life and when we feed on you, we won't ever go hungry! Please help us to remember to feed on you every day this week by reading your word and talking to you. Amen

Challenge: Feed your heart at least once a day every day this week!



KINGSGATE COMMUNITY CHURCH
2 STAPLEE WAY / PETERBOROUGH / PE1 4YT
KINGSGATE.CHURCH