

CHOOSE JOY



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WORRIES AND PRAYERS

Play snakes and ladders, but with a twist!

If you haven't got the game, you can print a playing board off here;

[Click here!](#)

Every time you land on a snake, tell the person you are playing with a thing that is worrying you.

Whenever you land on a ladder, say a prayer to God, giving him your worry as you go up the ladder.

When you finish the game, pray together, thanking God that you don't need to worry, but can pray and give your worries to God!

ROYAL PRAYER FORCE



Our verse today tells us not to worry, but pray!

Why not write your worries on a paper aeroplane and send them soaring as you pray about them and don't need to hold onto them anymore!

You could make a simple paper aeroplane, or why not try one of these tricky ones that flap like a bird?!

[Click here!](#)

[Click here!](#)

RESPONSE TIME

Let's worship together;

[Click here!](#)

[Click here!](#)

Let's pray;

Thank you God that you care about every detail of our lives. Thank you that we can give you our worries in prayer, we can talk to you about anything! Please help me not to worry, but instead pray and thank you for all that you have done. Amen



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