



Online session

SUNDAY 10 MAY

LIGHT OF THE WORLD

Do you ever feel really fed up and down?

Do you ever wonder what way to turn and what to do next?

We all feel that way sometimes, but the great news for all of us is that Jesus is the LIGHT of the WORLD and he tells us that if we FOLLOW him, we won't be walking in darkness, but we will have his light in us and that light gives LIFE!

I don't know about you, but I want to be full of light and the life that Jesus gives. I know that that is a life of adventure and excitement and on those days that I feel a bit down and fed up, I can talk to Jesus and allow his light to shine in me and through me again.

Jesus does not just give his light to me to make me feel good, but he wants me to shine it out to others around me, so that they can know the light of Jesus too!

Imagine if you had in your hand the best thing that money could ever buy, you wouldn't want to keep it just to yourself would you? You would want to share it so that other people could experience it too!

That is just like Jesus, he gives his light and life to you so that you can share it with those around you and they can know his light too!

MEMORY VERSE



Once again Jesus spoke to the people. This time he said, "I am the **light** for the world! **Follow me**, and you won't be walking in the dark. You will have the **light that gives life.**"

John 8:12 (CEV)

WORSHIP TIME

Let's worship God together!

[Click here!](#)

[Click here!](#)



CHALLENGE - Make your own sundial

Can you make your own sundial?

You will need a paper plate, a pencil, modelling clay or blu-tac and a pen. It will also need to be a sunny day!

Place the pencil into the middle of the plate and use modelling clay underneath to secure it.

At 8am, place your plate in a sunny spot and write '8' where the shadow is pointing to.

Leave the plate where it is and every hour, write the next number where the shadow is pointing 9, 10, 11, 12, 1, 2, 3 etc...



WE LIKE:



This is a great website, where you can explore the bible and have fun along the way! There are games, activities and an online bible you can read.

[Click here!](#)

ACTIVITY - Lights in the sky

Have you ever considered all of the natural light that God has given us? The sun, the moon and the stars?

Now that we are having clearer evenings, why not grab a blanket and lay down outside and look up.

Take a moment to look at all of the stars.

Look out for the shapes and patterns.

Look for the north star, that's the really bright one!

Thank God that he has given us so much natural light and thank him for this amazing creation.

Then take time to consider his light shining out of your life to others, just like the stars shine out of the sky.

Craft - Light shining in the darkness



Cover a piece of white card in rainbow colours using coloured pencils or felt pens (don't use wax crayon).

Then cover the entire page in black wax crayon.

Now you are ready to start getting arty!

Use something to scratch the card like a cocktail stick or a coin.

Scratch away the black to reveal your picture. You could copy the example, do a lighthouse or why not make up your own ideas!

Remember to send me your creations - jennie.jarvis@kingsgate.church

For next week's craft you will need;

A lolly stick, black card and white card

RESPONSE TIME

Jesus gives us his light so that we can shine it out to others. Matthew 5:15 tells us that people don't put a light under a bowl, they put it on a stand to give light to everyone in the house.

If you are a friend of God, you have the light of Jesus in you. I want to challenge you this week, don't keep that light inside, just for you, but find a way to shine it out to those around you.

Do remember to tell us how you have been spreading the light of Jesus this week!

Let's pray;

Thank you God that you have put your light inside us, thank you that you give us life. Please help us to shine your light to others so that they can know your light that brings life too!

Amen



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